



# WIRRAL RAMBLERS

SUNDAY 12<sup>th</sup> OCTOBER 2008

THE ARANS  
(LLANUWCHLLYN )



## A WALK

From Llanuwchllyn we head south to ascend to Aran Fawddwy via Aran Benllyn then descend to Creiglyn Dyfi via Erw-y-Doafad-Ddu. We then head east to Gors Lwyd and follow paths and tracks back to Llanuwchllyn passing Nant-y-barcut and Plas Morgan.

DISTANCE: 20.9km (13 miles)                      19 POINTS                      ASCENT 915m (3000ft)

## B PLUS WALK

We start at the minor road off the A494 about 1.5km east of Rhydymain. We pass through the forest and ascend the southern flank of Aran Fawddwy for 2km. We traverse the rough tops of the two Arans and then make a long descent to Llanuwchllyn. **(1 point added for terrain)**

DISTANCE: 14.5km (9 miles)                      16 POINTS                      ASCENT 855m (2800 ft)

## B MINUS WALK

From Llanuwchllyn we pass the Bala Railway Station (closed today) and climb steadily east via Tyn-y-coed onto access land and a rough track south to Lledwyn Mawr commanding good views to Bala Lake, the Arans and Arenigs. We then gain Foel Figenau (590m) eastwards, via rough ground and faint tracks and then cross south again to contour above Coed Tyn-y-fedw, drop through the wood to Bryn-melyn, swing south down to Talardd. Here we cross the Dinas Mawddwy road to return via field paths back to Llanuwchllyn. **(1 point for rough ground).**

DISTANCE: 15.3km (9½ miles)                      14 POINTS                      ASCENT 535m (1750ft)

## C WALK

Leaving Llanuwchllyn in a northerly direction we cross fields and the Afon Dyfrdwy to reach the A494. Here the route is westward via paths and lanes to cross the river again at Dolhendre Isaf. A southerly walk across fields and through woods via Eithin Fyndd brings us back to the A494. We then ascend to follow a path north to return to the village.

DISTANCE: 12.1km (7½ miles)                      9 POINTS                      ASCENT 230m (750ft)

**Please keep behind your leader at all times**

WALKS SHOULD NOT RETURN  
TO THE COACH BEFORE  
**4.30pm**

**COACH STOP**  
**BALA (Limited facilities at**  
**Llanuwchllyn)**  
**15 MINUTES ONLY**

COACH WILL  
DEPART AT **6.00pm**

Forthcoming Sunday rambles:

19<sup>th</sup> October - Shap Fell (Shap);

2<sup>nd</sup> November - Malham Tarn (Malham);

26<sup>th</sup> October - Chatsworth (Baslow);

9<sup>th</sup> November - Moel Eilio (Llanberis).

**PLEASE NOTE: BOOKING CANCELLATIONS MUST BE MADE IN PERSON OR BY TELEPHONE. WE CANNOT ACCEPT CANCELLATIONS BY e-MAIL**